**Hindrances to Intimacy with God**  
 God loves you more than you know. He desires an intimate relationship with you. But, he can’t be truly intimate with his children who don't know him well and won’t keep his commandments. Obedience and trust are of primary importance for intimate fellowship with God.

**1. LACK OF REPENTANCE**  
 Psalms 66:18 (IV) If I regard iniquity in my heart, the Lord will not hear me;  
 1 John 1:9 (IV) If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.  
**2. LACK OF FAITH**  
 James 1:6-7 (IV) 6 But let him ask in faith, nothing wavering; for he that wavereth is like a wave of the sea, driven with the wind and tossed. 7 For let not that man think that he shall receive anything of the Lord.  
 Hebrews 11:6 (IV) But without faith it is impossible to please him; for he that cometh to God must believe that he is and that he is a rewarder of them that diligently seek him.  
**3. WILLFUL DISOBEDIENCE**  
 1 John 3:20-22 (IV)  
20 For if our heart condemn us, God is greater than our heart and knoweth all things.  
21 Beloved, if our heart condemn us not, then we have confidence toward God.  
22 And whatsoever we ask, we receive of him because we keep his commandments and do those things that are pleasing in his sight.  
 2 Corinthians 5:15 (IV) And he died for all, that they which live should not henceforth live unto themselves, but unto him which died for them and rose again.

John 14:15 (IV) If ye love me keep my commandments.  
**4. LACK OF HONESTY WITH GOD & OTHERS**  
 James 5:16 (IV) Confess your faults one to another, and pray one for another that ye may be healed. The effectual fervent prayer of a righteous man availeth much.  
**5. UNFORGIVENESS**  
 Matthew 6:13 (IV) And forgive us our trespasses, as we forgive those who trespass against us.  
 Ephesians 4:32 (IV) And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ’s sake hath forgiven you.  
 D&C 64:2d Wherefore I say unto you, that ye ought to forgive one another, for he that forgiveth not his brother his trespasses, standeth condemned before the Lord, for there remaineth in him the greater sin.  
**6. WRONG/SELFISH MOTIVES**  
 James 4:3 (IV) Ye ask and receive not because ye ask amiss, that ye may consume it upon your lusts.  
**7. IDOLS IN OUR LIVES**  
 Ezekiel 14:3 (IV) Son of man, these men have set up their idols in their heart and put the stumbling block of their iniquity before their face. Should I be inquired of at all by them?  
**8. DISREGARD FOR OTHERS**  
 John 13:34-35 (IV) A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.35 By this shall all men know that ye are my disciples, if ye have love one to another.

**9. DISREGARD FOR GOD'S SOVEREIGNTY**  
 Matt 6:10-11 (IV) 10 Our Father who art in heaven, Hallowed be thy name. 11Thy kingdom come. Thy will be

done on earth, as it is done in heaven.  
**10. UNSURRENDERED WILL/REBELLION**  
 Isaiah 1:5 (IV) Why should ye be stricken anymore? Ye will revolt more and more; the whole head is sick, and the whole heart faint.  
 Luke 6:46 (IV) And why call ye me, Lord, Lord, and do not the things which I say?  
**11. LUST**  
 Matthew 5:30 (IV) But I say unto you that whosoever looketh on a woman, to lust after her, hath committed adultery with her already in his heart.  
**12. COMPLAINING**  
 Philippians 2:14-15 (IV) Do all things without murmurings and disputings, 15 That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world,  
**13.IMPATIENCE WITH OTHERS** Alma 12:19 (IV) Yet ye shall be patient in long- suffering and afflictions, that ye may show forth good

examples unto them in me. And I will make an

instrument of thee in my hands, unto the salvation of

many souls.  
 1 Thessalonians 5:14 (IV) Now we exhort you, brethren, warn them that are unruly; comfort the feeble-minded; support the weak; be patient toward all men.  
**14. STRIFE**  
 Proverbs 10:12 (IV) Hatred stirreth up strifes; but love covereth all sins.  
 Proverbs 28:25 (IV) He that is of a proud heart stirreth up strife; but he that putteth his trust in the Lord shall be made fat.  
**15. LACKING IN PRAYER**  
 James 4:2 (IV) Ye lust and have not; ye kill, and desire to have, and cannot obtain; ye fight and war; yet ye have not because ye ask not.

Proverbs 15:29 (IV) The Lord is far from the wicked; but he heareth the prayer of the righteous.  
**16. BITTERNESS**  
 Ephesians 4:31 (IV) Let all bitterness, and wrath, and anger, and clamor, and evil speaking be put away from you, with all malice;  
**17. UNGRATEFUL; LACK OF THANKSGIVING** Philippians 4:4 (IV) Rejoice in the Lord always; and again I say, Rejoice.  
 1 Thessalonians 5:18 (IV) In everything give thanks; for this is the will of God in Christ Jesus concerning you.  
**18. LYING**   
 Proverbs 12:22 (IV) Lying lips are abomination to the Lord; but they that deal truly are his delight.  
 Colossians 3:9-10 (IV)  
9 Lie not one to another, seeing that ye have put off the old man with his deeds,  
10 And have put on the new man, which is renewed in knowledge after the image of him that created him,  
**19. UNRESOLVED CONFLICTS**  
 Matthew 5:25-26 (IV) Therefore, if ye shall come unto me, or shall desire to come unto me, or if thou bring thy gift to the altar, and there remember that thy brother hath aught against thee,  
26 Leave thou thy gift before the altar, and go thy way unto thy brother, and first be reconciled to thy brother, and then come and offer thy gift.

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