



The Peace of God

How can we find and have this true Peace?

KINDS OF PEACE

- World Peace
- Inter-relational Peace
- Inner Peace
- Emotional Peace
- Spiritual Peace
- God's Peace



THE PEACE OF GOD

- Who wants?
- Who needs?
- Who seeks?

Peace

WHAT PEACE IS NOT?

- 
- Anger
 - Anxiety/Worry
 - Contention
 - Doubt
 - Fear
 - Insecurity
 - Jealousy
 - Pride
 - Sadness
 - Stress

THINGS THAT DIMINISH PEACE?

- Addictions
- Family struggles
- Friendships/Trust
- Life circumstances
- School/peer pressure
- Unexpected expenses
- Work overload



TRAUMA

A white dove is shown in flight with its wings fully extended, symbolizing peace. The background is a warm, golden-yellow color with soft, out-of-focus light rays and a blurred candle on the right side, creating a serene and hopeful atmosphere.

- Abandonment
- Emotional
- Death
- Loss
- Mistreatment

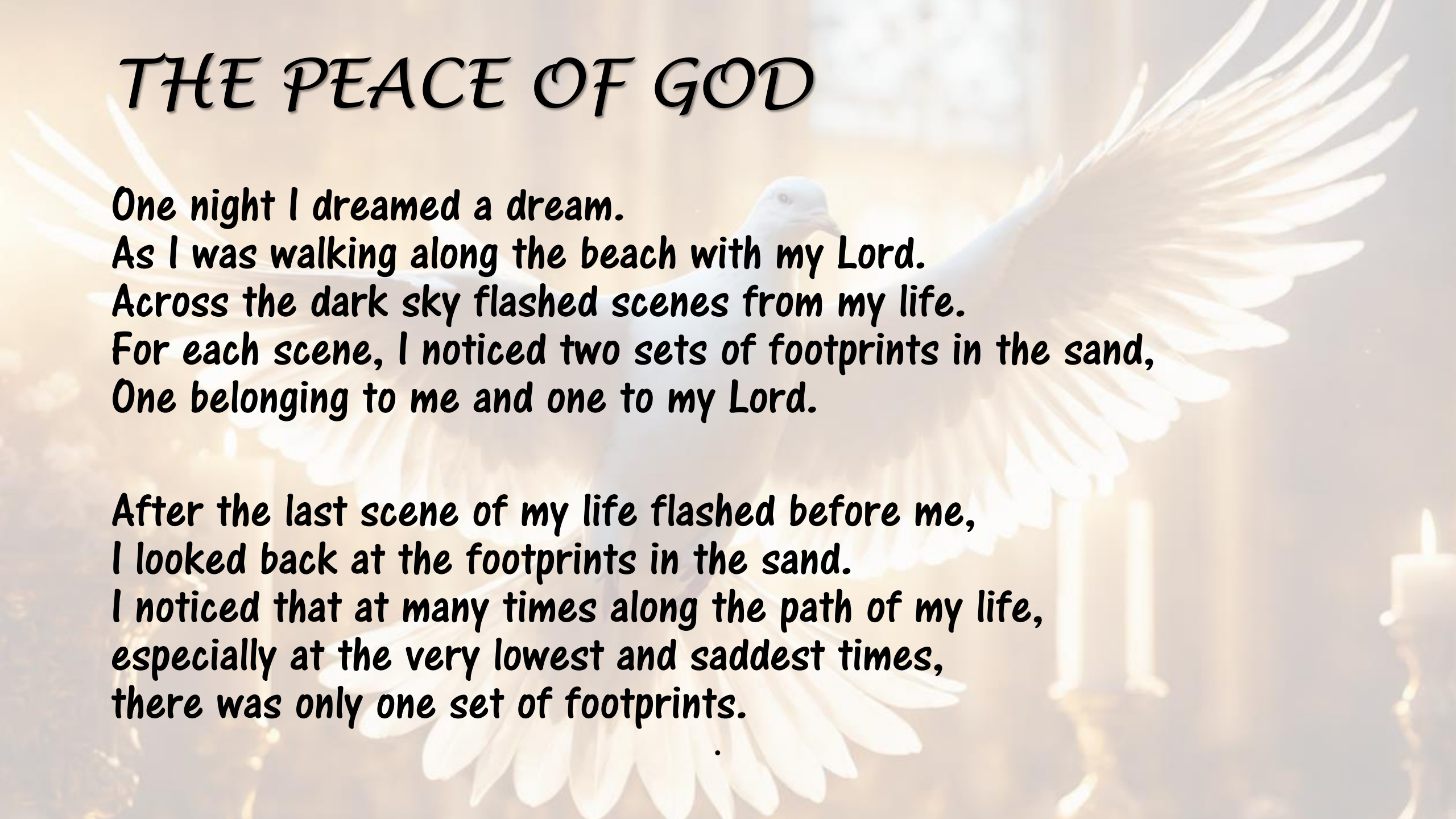
- Physical
- Rejection
- Scars
- Sickness
- Sin

THE PEACE OF GOD

A white dove is shown in flight with its wings fully extended, symbolizing peace. The background is a warm, golden glow, possibly from sunlight or candles, creating a serene and peaceful atmosphere. The dove is positioned centrally, with its wings spread wide, filling much of the frame.

**We all want peace
Sometimes we search for it in
the wrong places and in the wrong ways**

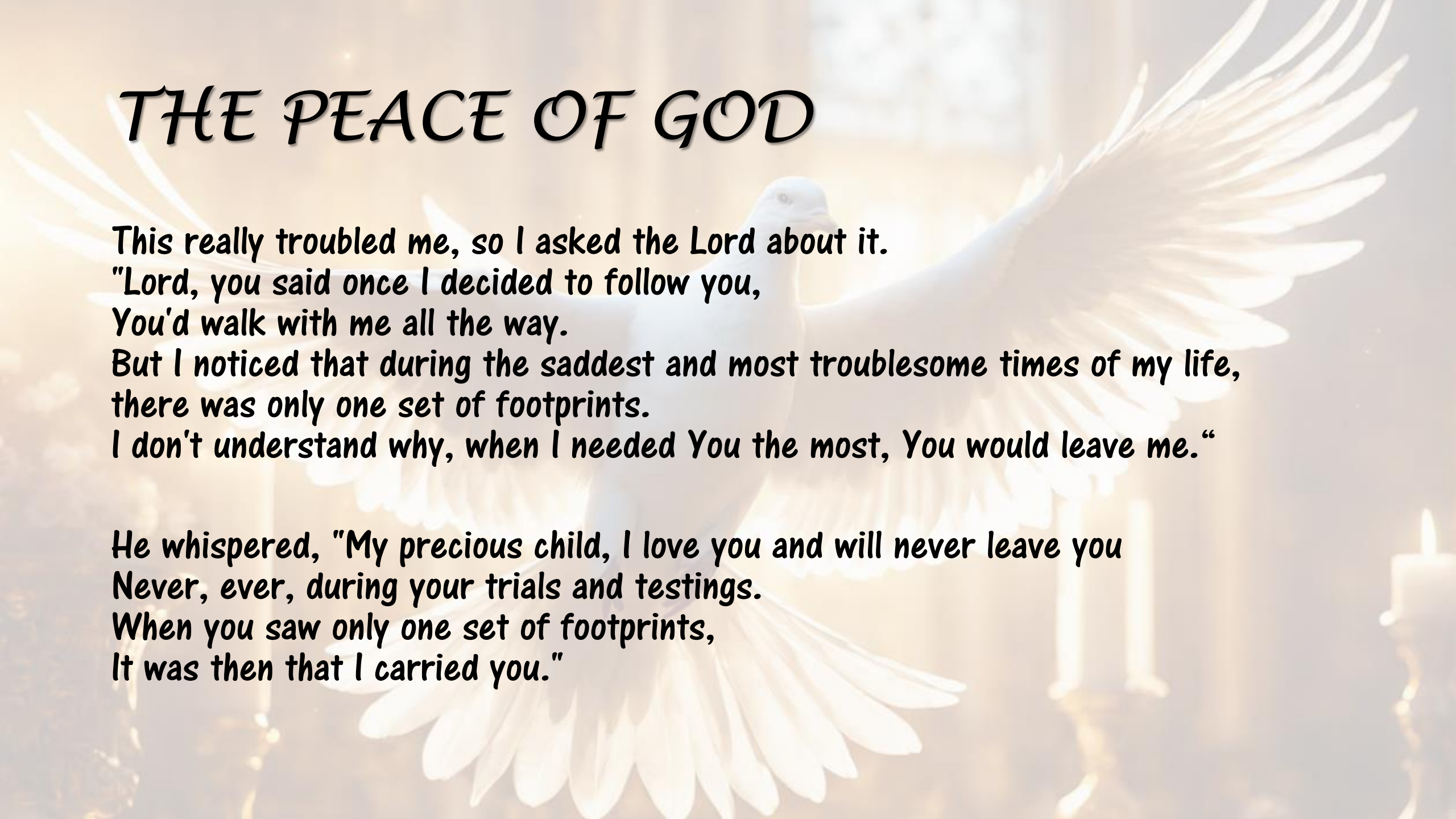
THE PEACE OF GOD



One night I dreamed a dream.
As I was walking along the beach with my Lord.
Across the dark sky flashed scenes from my life.
For each scene, I noticed two sets of footprints in the sand,
One belonging to me and one to my Lord.

After the last scene of my life flashed before me,
I looked back at the footprints in the sand.
I noticed that at many times along the path of my life,
especially at the very lowest and saddest times,
there was only one set of footprints.

THE PEACE OF GOD

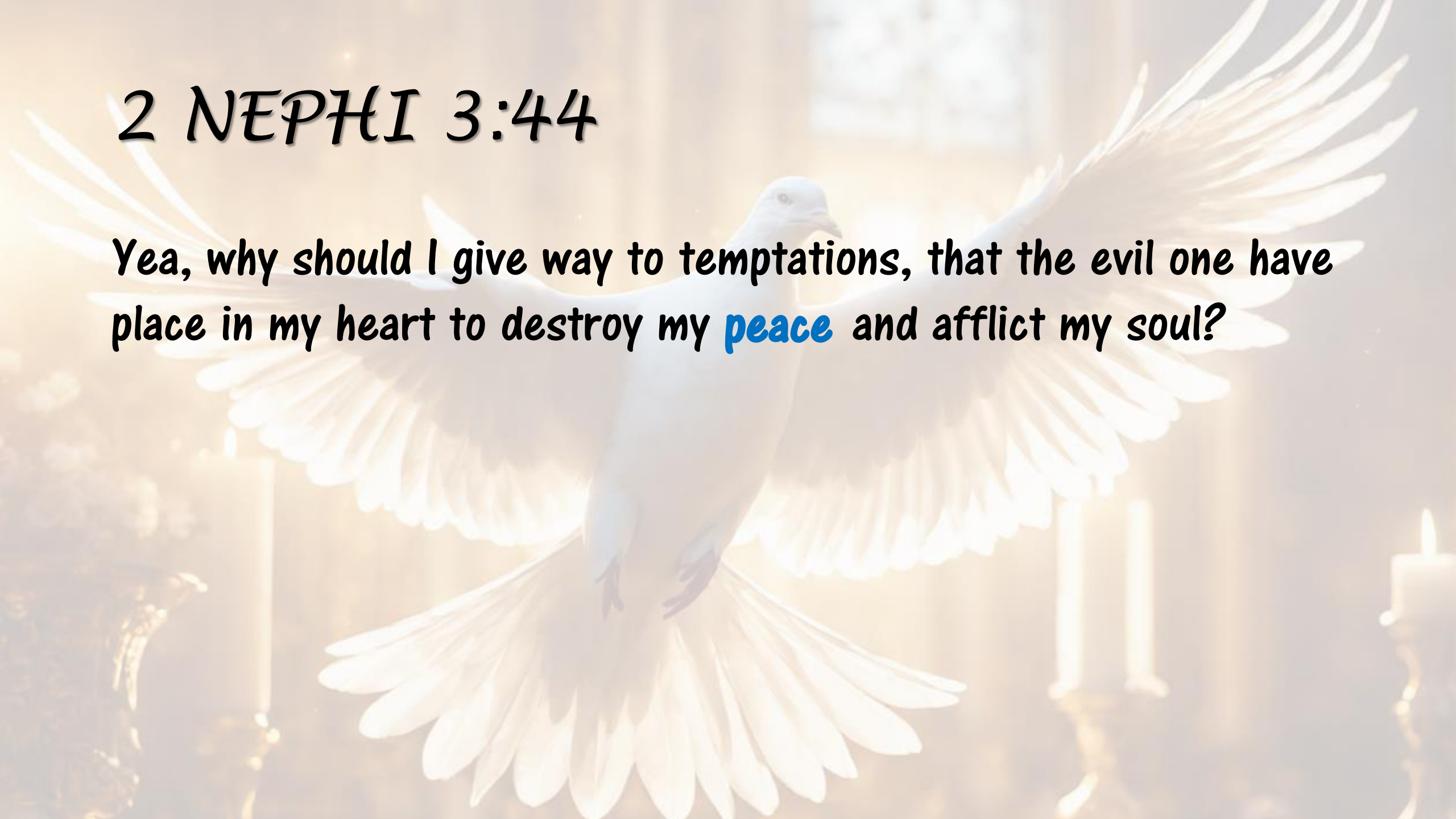


This really troubled me, so I asked the Lord about it.
"Lord, you said once I decided to follow you,
You'd walk with me all the way.
But I noticed that during the saddest and most troublesome times of my life,
there was only one set of footprints.
I don't understand why, when I needed You the most, You would leave me."

He whispered, "My precious child, I love you and will never leave you
Never, ever, during your trials and testings.
When you saw only one set of footprints,
It was then that I carried you."

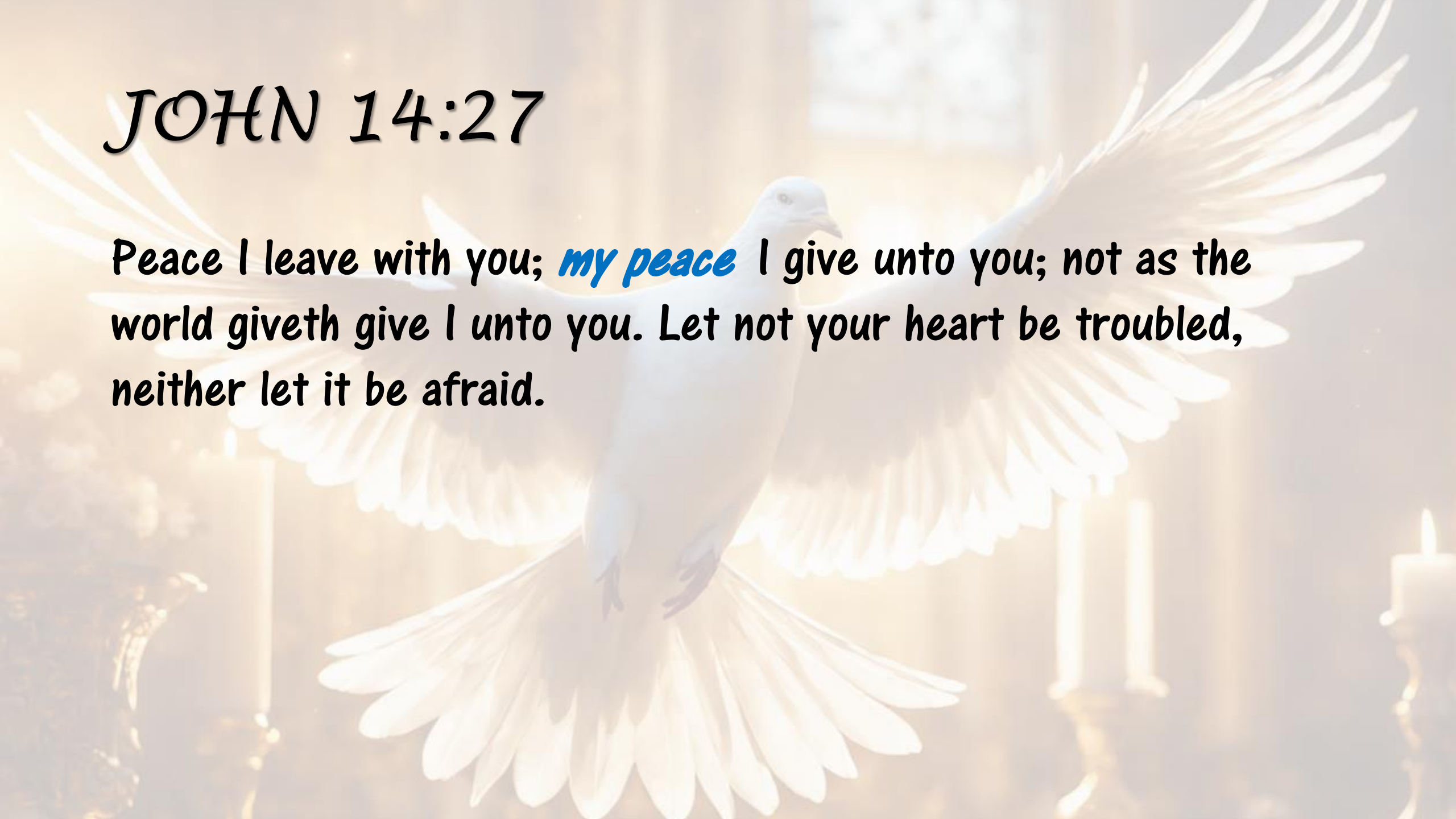
2 NEPHI 3:44

Yea, why should I give way to temptations, that the evil one have place in my heart to destroy my **peace** and afflict my soul?



JOHN 14:27

Peace I leave with you; *my peace* I give unto you; not as the world giveth give I unto you. Let not your heart be troubled, neither let it be afraid.

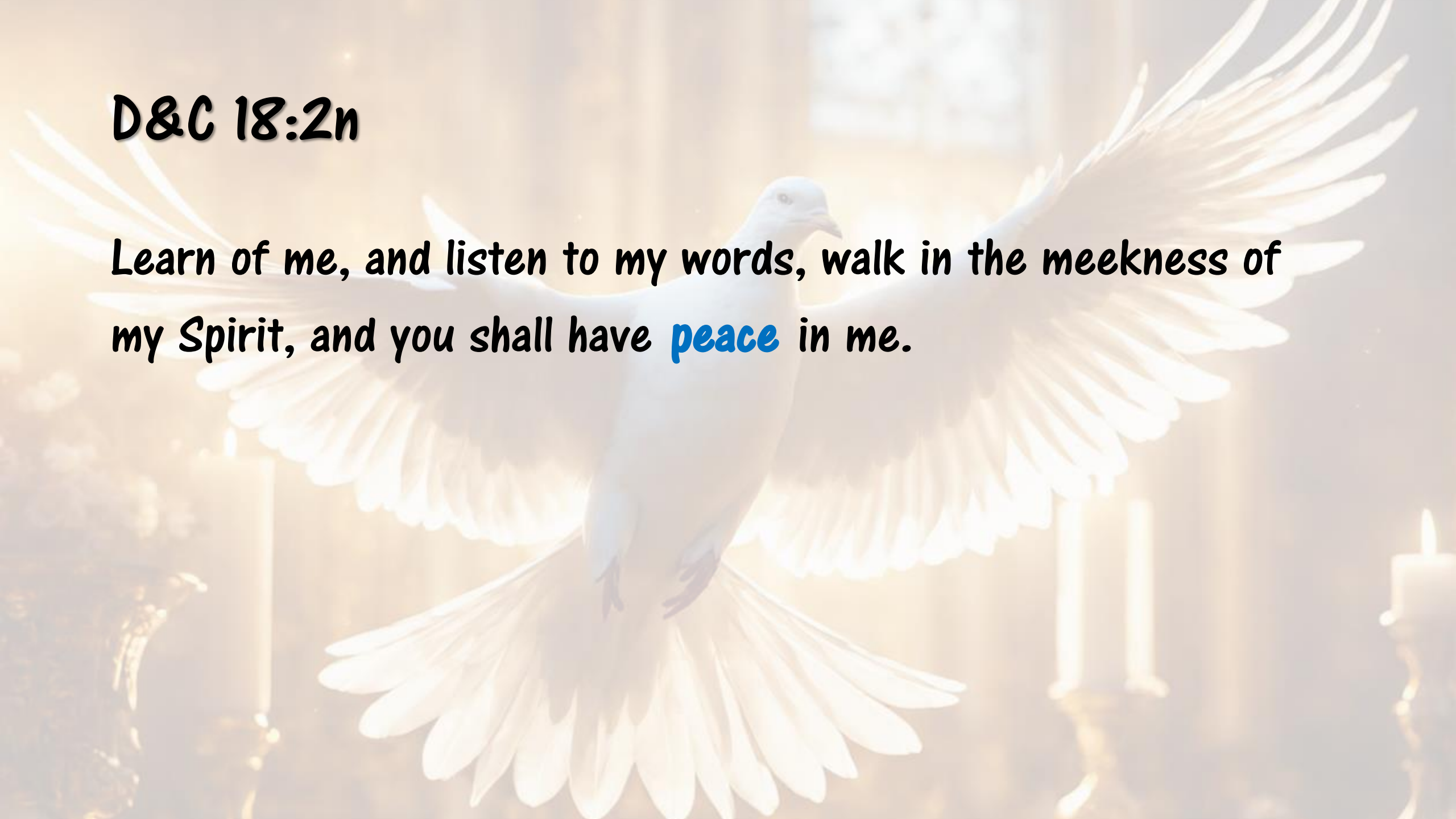


PHILIPPIANS 4:7-9

And the *peace of God*, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report--if there be any virtue, and if there be any praise, think on these things. Those things, which ye have both learned, and received, and heard, and seen in me, do; and the *God of peace* shall be with you.

D&C 18:2n

Learn of me, and listen to my words, walk in the meekness of my Spirit, and you shall have **peace in me.**





WHAT IS THE PEACE OF GOD?

- 
- **Freedom**
 - **Harmony**
 - **Joy**
 - **Oneness with God**
 - **Quietness**
 - **Reconciliation**
 - **Rest**
 - **Restoration**
 - **Security**
 - **Tranquility**

THE PEACE OF GOD

A white dove is shown in flight with its wings fully extended, symbolizing peace. The dove is centered in the frame, with its wings spread wide. The background is a warm, golden light, possibly from candles, creating a soft, ethereal atmosphere. The overall image conveys a sense of tranquility and divine peace.

Peace is a state of
tranquility or quietness of the spirit
that transcends circumstances

ISAIAH 32:17

And the work of righteousness shall be **peace**, and the effect of righteousness quietness and assurance forever



GOD'S PEACE

- Circumstances good or bad
- God is control
- As long as we hold fast to the truth
- Based on eternal, spiritual and obtainable promises of God

WORLD'S PEACE

- As long as circumstances are good
- As long as we are in control
- As long as we keep quiet and don't ruffle feathers
- Based on things temporary

GALATIANS 5:22-23

But the fruit of the Spirit is love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, temperance; against such there is no law.



A white dove is shown in flight with its wings fully extended, symbolizing peace. The dove is positioned in the center of the frame. The background is a warm, golden-brown color with a soft, out-of-focus effect. Several lit candles are visible, with their flames glowing and casting a warm light. The overall atmosphere is serene and peaceful.

How can I have peace?

ITS ALL ABOUT WHO YOU TRUST

Psalms 31:14-15



Problems
Trials

Trust?

Prayer

Humility

Overcome
Trial

Joy, Faith,
Fruits of the
Spirit

Builds Trust

Hardness of
Heart

Anxiety

Pain,
Suffering

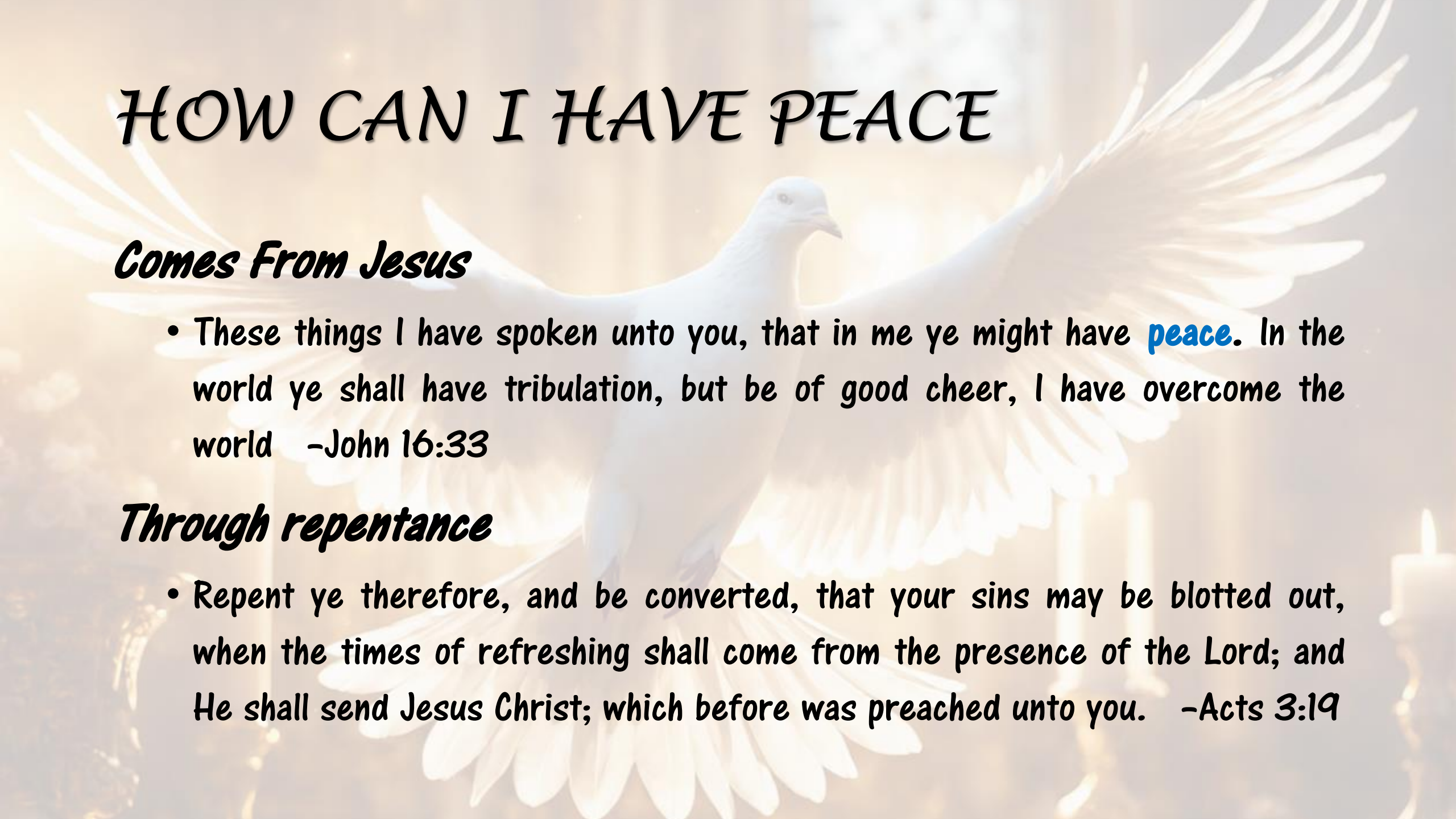
More anxiety,
Doubt,
Insecurity,
Stress

Builds Pride

Trusting In God

Trusting In Self

HOW CAN I HAVE PEACE



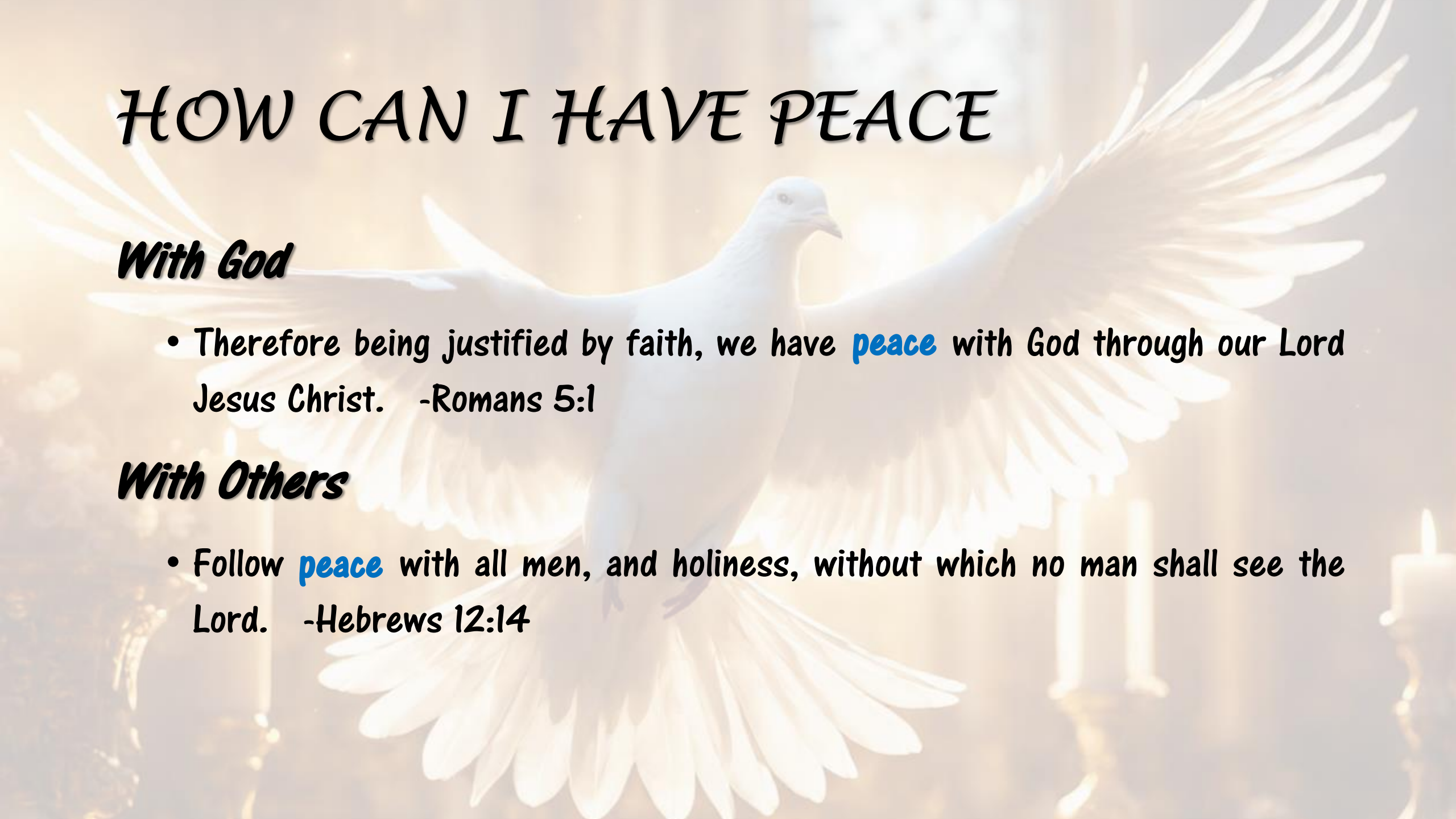
Comes From Jesus

- These things I have spoken unto you, that in me ye might have **peace**. In the world ye shall have tribulation, but be of good cheer, I have overcome the world -John 16:33

Through repentance

- Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord; and He shall send Jesus Christ; which before was preached unto you. -Acts 3:19

HOW CAN I HAVE PEACE



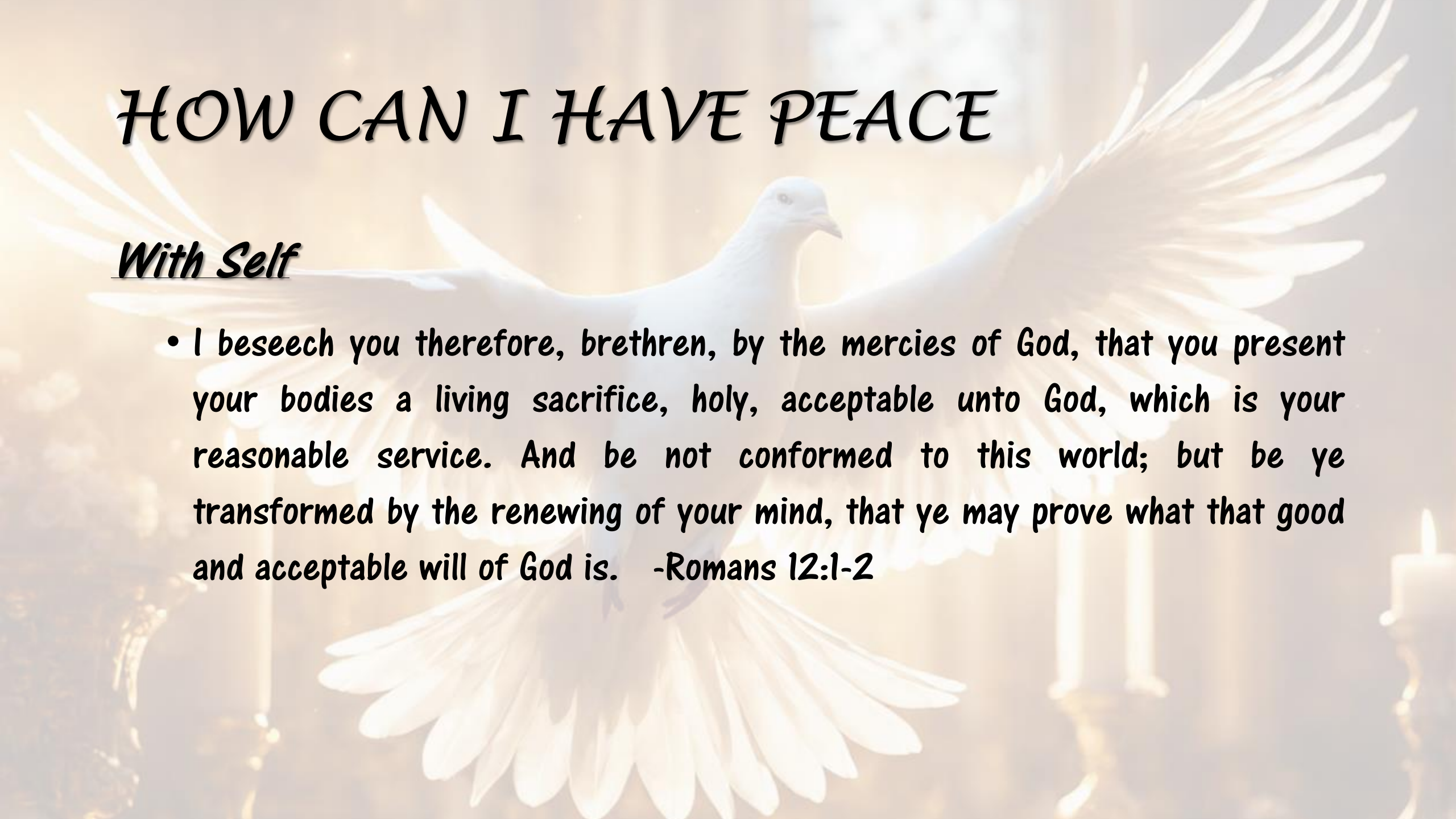
With God

- Therefore being justified by faith, we have **peace** with God through our Lord Jesus Christ. -Romans 5:1

With Others

- Follow **peace** with all men, and holiness, without which no man shall see the Lord. -Hebrews 12:14

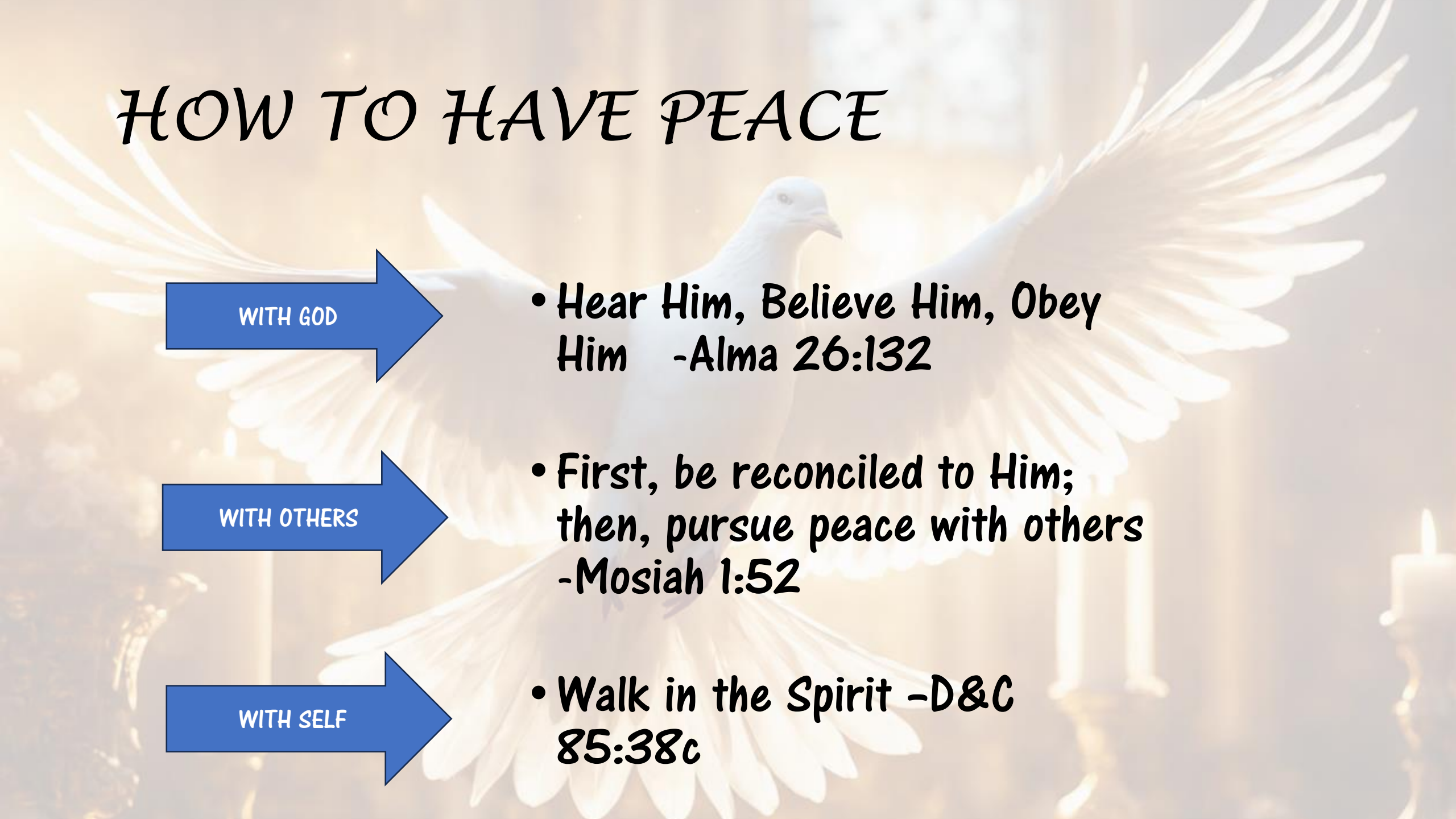
HOW CAN I HAVE PEACE



With Self

- I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world; but be ye transformed by the renewing of your mind, that ye may prove what that good and acceptable will of God is. -Romans 12:1-2

HOW TO HAVE PEACE



WITH GOD

- Hear Him, Believe Him, Obey Him -Alma 26:132

WITH OTHERS

- First, be reconciled to Him; then, pursue peace with others -Mosiah 1:52

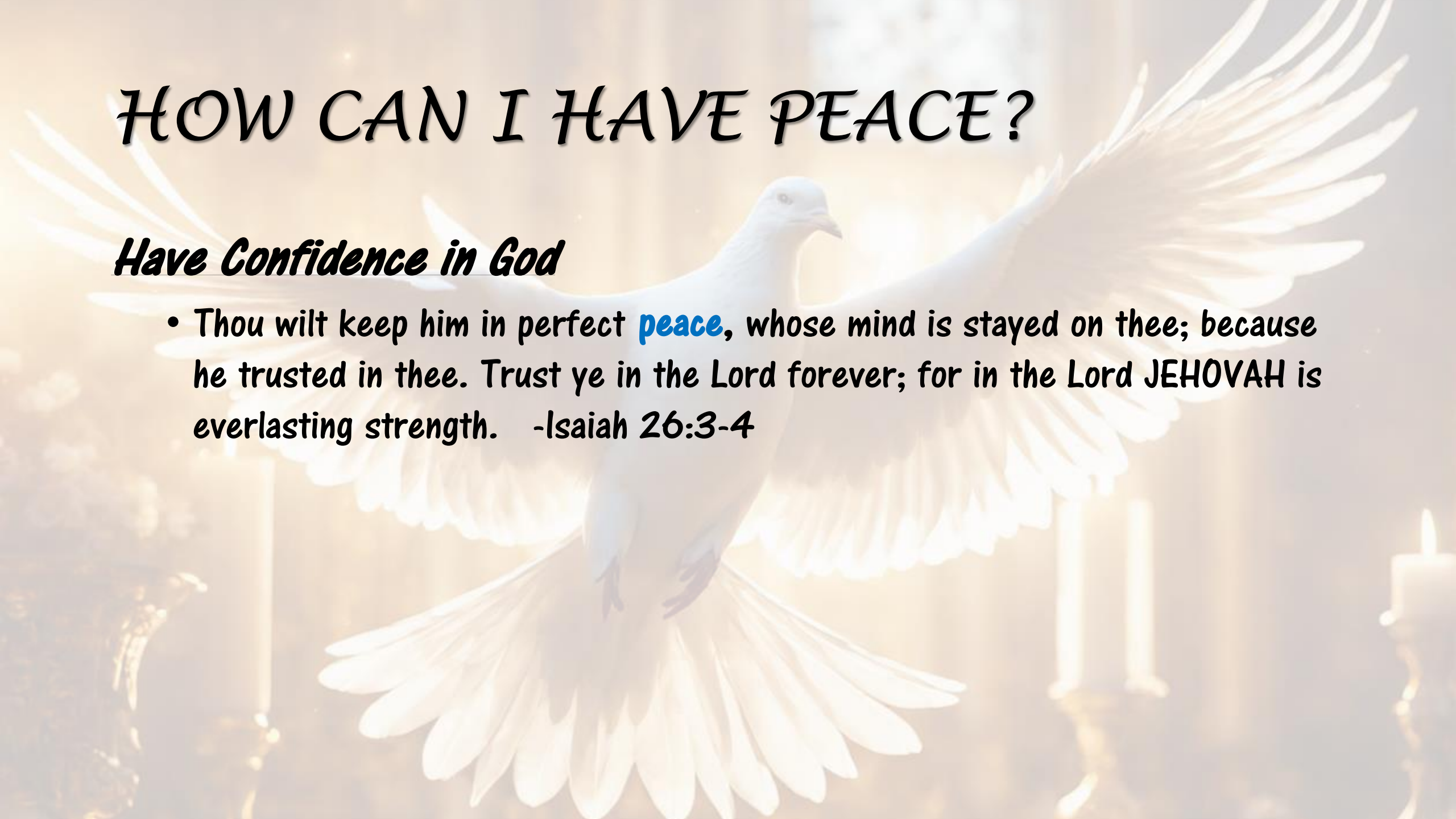
WITH SELF

- Walk in the Spirit -D&C 85:38c

HOW CAN I HAVE PEACE?

Have Confidence in God

- Thou wilt keep him in perfect **peace**, whose mind is stayed on thee; because he trusted in thee. Trust ye in the Lord forever; for in the Lord JEHOVAH is everlasting strength. -Isaiah 26:3-4



HOW CAN I HAVE PEACE?

- Know God – Draw and be closer to Him
- Trust in God – Live for Him, **not** yourself
- Do **not** live in the past – Do **not** waste time worrying about what you cannot change
- Do **not** indulge in self pity

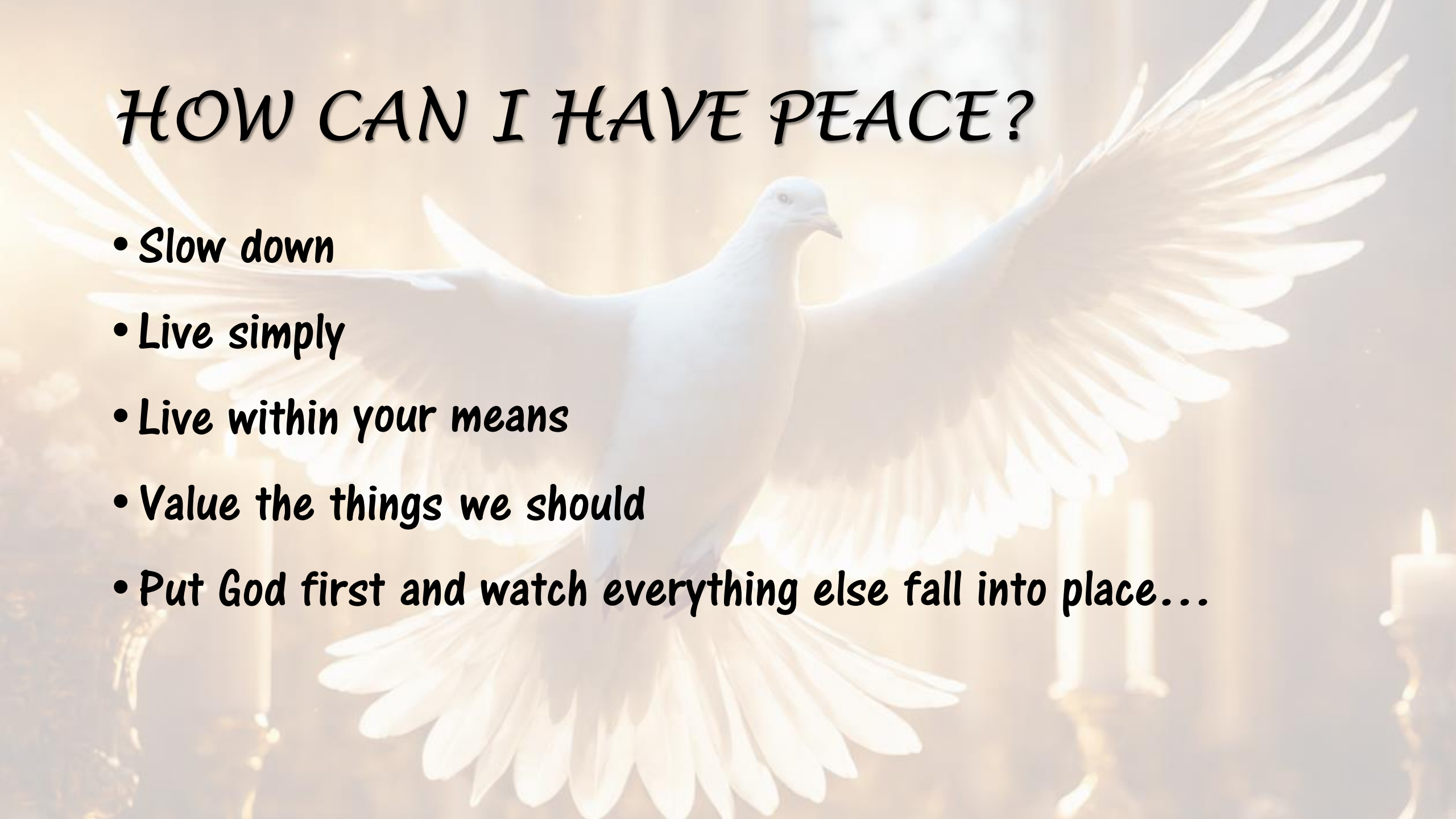
Matthew 6:38-39

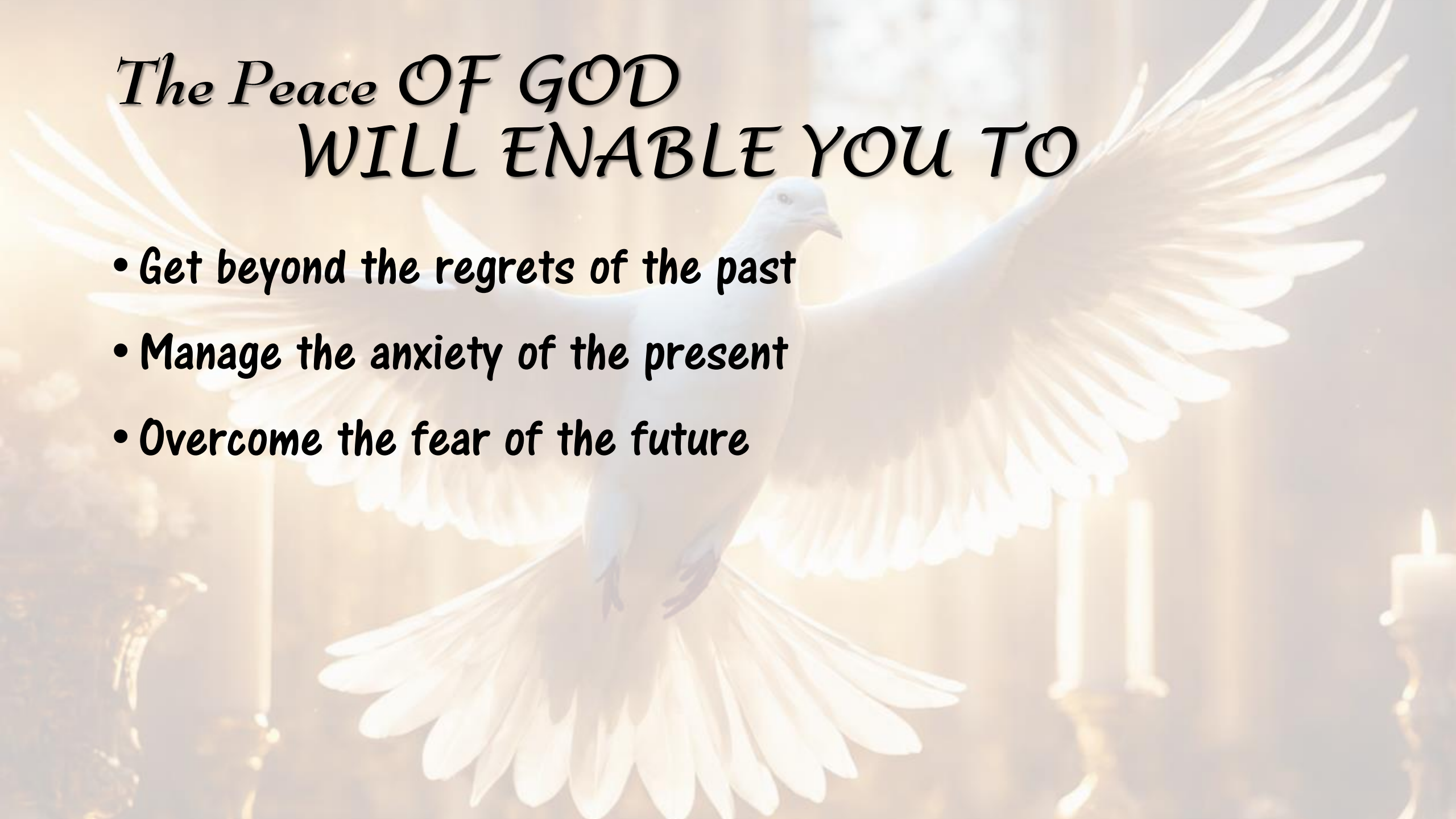
HOW CAN I HAVE PEACE?

- **Seek to eliminate suspicion and resentment**
- **Cultivate, love, joy, compassion, good humor, and loyalty (fruits of the spirit)**
- **Be realistic in you expectation of others as well as your expectation of yourself**

HOW CAN I HAVE PEACE?

- Slow down
- Live simply
- Live within your means
- Value the things we should
- Put God first and watch everything else fall into place...





The Peace OF GOD WILL ENABLE YOU TO

- **Get beyond the regrets of the past**
- **Manage the anxiety of the present**
- **Overcome the fear of the future**

Psalm 23

The LORD is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters. He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

LIVING IN PEACE

*Living in peace can be
compared to the petals of
a flower unfolding in the
morning sunlight*





THE PEACE OF GOD

For I am persuaded, that neither death, nor life, nor angles, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord [Romans 8:38-39]